

# ENLIGHTENED ADVENTURES

Creating connections for young adults  
with developmental disabilities

## 6 WEEK SOCIAL CLUB

January 5 – February 9, 2020

Sundays 1:00-3:00pm  
Mission Valley Public Library

15-22 year olds with  
developmental disability



### ★ Small group of 6 people

Truly, personalized quality attention to provide social guidance.

### ★ Engaging programming for young adults

Science, technology, art, music, brain games and more.

### ★ Fun, friendship and socialization

Important connections for enhanced mood and behavior.

### ★ Healthy respite for family

A needed 2 hour break while loved one participates in an activity club.



Led by Erika

I'm a Certified Therapeutic Recreation Specialist. I have been volunteering and working with developmental disabilities for over 10 years, both as a direct support staff and as a therapist.

I bring a unique understanding of the developmental stages of young adults and their communication styles, allowing for healthy interactions and fulfilling experiences. Through my personalized activity programming, the participant gains valuable social support and positive attention.

For additional information & enrollment process:

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