



# SOCIAL SKILLS GROUP

Teaching social skills to individuals with autism is an area of treatment that is continuously evolving. At ABA Group, we offer group-based social skills and mental health programs designed to strengthen the communication skills and social interaction abilities of children, teens and young adults diagnosed with ASD.

ABA group offers groups in our North and South offices for 3-6-year old's, preteens, teens & Minimally verbal kids ; The ABA group also offers a 18-25-year-olds group to learn Independent living skills.

**Groups for all ages  
and cognitive  
levels**

**ACT curriculum**

**PEERs curriculum**

**Life Skills  
Transitional Group**

**Lessons include:**

**Coping Skills**

**Communication**

**Sportsmanship**

**Conflict Resolution**

## **ABA GROUP**

11665 Avena Place Suite 204  
Rancho Bernardo, CA, 92128

760-349-4200

[www.abagroup.org](http://www.abagroup.org)

Mondays 3:30-5:15pm

Tuesdays: 5:00-6:30pm

Wednesdays: 3:30-5:15pm

Thursdays: 2:45-4:45